

# **Sports Policy**



## Vitthalrao Patil Mahavidyalaya,

(Arts, Commerce & Science) Kale.

### \* Sports and Physical Education Policy \*

#### INTRODUCTION:

Vitthalrao Patil Mahavidyalaya, Kale established in 2000. The Sports department was also started in same time and started catering Physical Education and sports facility to all college students. All necessary Sports related equipment's are available.

We have indoor as well as out door facilities. Sports like Chess, Multi gym Volleyball, Kabaddi and also we have Jogging track, and ample area to conduct Athletics events. We are specialized in Wrestling and Body-building. We always give proper Training and coaching various games according to the Competitions and maintain standard safety measures required for specific sport or event. Our Sports and Physical Education Department is very active in University Competitions and Activities.

#### Why Sports is Important?

Physical education considers the child as a united whole of mental, social, moral, and physical qualities and provides for the optimum development of all these through the physical activities. Everybody likes sports. Physical Education is a vital part of education. Physical Education always attracts mass to perform activities at various levels. Physical Education helps to maintain physical fitness and mental health of individuals.

**1.Necessity of physical activities** - Physical activity must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.

**2.Emotional development** - Physical education provides opportunities to control emotions. The give and take of games and sports offer scope for both emotional release and the controlling of the emotions.

**3.Social awarness-** Physical activities provide opportunity of interaction between participants and others in varied situations enabling them to learn social qualities like sportsmanship, co-operation, honesty, friendship, fellowship, courtesy, self-discipline, and respect for authority which promote social adjustment of an individual.

**4. Character Building** - Group effort, loyalty to the team and strongties is much in evidence in play and physical activities. They provide avauable contribution to the development of good moral character.

**5. Mental and physical fitness** - Physical education through exercise and knowledge about one's body and its requirements contribute immensely to physical fitness. Regular exercise improves our physic efficiently, sense of well-being and appearance. Hence there is mental and physical development of a child.

**6. Experimental Learning** - Physical education gives a full and worth- while experience to the individual who help him to realize fullest self- expression and highest satisfaction from the results of his action, and thereby facilitates his personal adjustment in life.



## Preamble

Excellence in sports brings pride to a nation and citizens of the nation help build a healthier and happier society. A sport enhances self-esteem. improves one's image and helps to deal with stress in a better manner. Sports unite the nation by bridging the social and cultural boundaries.

The three C's that wonderfully blend with sports are Character, Community and Country. All round character building is incomplete without sports at atat fart (The person who plays, shines). Without sports, there cannot be any sportsmanship! It offers a unique opportunity to sharpen skills and develop and all-round personality. Swami Vivekananda said "Instead of studying Gita, playing football will take you closer to heaven"

There is no easier way other than sports to promote brotherhood and community bonding. It is a great leveler and unifier- when playing in a team, the caste, creed or community of teammates doesn't matter. Neither does their economic status. The role of the sports in nation building cannot be emphasized enough.

## Aims and Objectives

- Creation of Basic Sports Infrastructure.
- To motivate the sports persons to achieve higher levels of performance.
- Preparation of National/ International players and financial assistance for advanced training.
- Organization of Annual Sports Festivals in college
- Organise University Championship Competitions.
- To develop elements of leading a healthy lifestyle.
- To Promotes the SOUND Physical Fitness.
- Establish MOU's with sports Departments, Talim Mandals and Training Centres

## Establishment of Committee for implementation of sports policy:

For effective implementation of sports policy all over the College, 'sports policy implementation committee' should be formed to review the implementation of schemes, improve the present schemes and approval of College to the recommendations of sports policy. Structure of the committee will be as mentioned under and members participated in drafting the policy will be given priority in the implementation committee. Meetings of the committee will be arranged at least two times a year. Committee will review the sports policy and will give suggestions for necessary changes.

## ACHIEVEMENT OF DEPARTMENT:-

It is one of the biggest departments in the college so plays leadership role in many activities like organizing the Inter collegiate tournaments, Annual Social Gathering Sports, Celebrations days of national importance, like National Sports day, Youth day, Teachers day and many other sporting events, summer coaching camps, Sports coaching camps for college students. Students take parts in almost every game notified by University and Sports directorate every year, and get selected at District, Division, State, national and All India Basis.



The Strong area of sports events of our college are,

1. Wrestling
2. Cycling
3. Body building
4. Rugby

## Meritorious Sportsperson of college

Following are the details of the outstanding performances of the college students at Inter-college, and Inter-University tournaments from 2016-2021 onwards.

| Sr. No. | Academic Year | Annual Sports Festivals And University Level Participants | Shivaji University Zone / Inter Zone Awards | Inter University Tournaments (National Level) Participants | International Players (Awards and Participants) | Total |
|---------|---------------|-----------------------------------------------------------|---------------------------------------------|------------------------------------------------------------|-------------------------------------------------|-------|
| 1       | 2021-22       | 307                                                       | 14                                          | 04                                                         |                                                 | 325   |
| 2       | 2020-21       | COVID 19 Period                                           |                                             |                                                            |                                                 |       |
| 3       | 2019-20       | 328                                                       | 20                                          | 04                                                         |                                                 | 352   |
| 4       | 2018-19       | 365                                                       | 19                                          | 05                                                         | 01                                              | 390   |
| 5       | 2017-18       | 286                                                       | 21                                          | 04                                                         |                                                 | 311   |

## Sports Committee

| Sr. No. | Name of the Member    | Designation  |
|---------|-----------------------|--------------|
| 1       | Prof. Yamagekar V. S. | Co-ordinator |
| 2       | Dr Patre K. B.        | Member       |
| 3       | Dr. Chavan P. L.      | Member       |
| 4       | Prof. Kamble M. Y.    | Member       |
| 5       | Prof. Hasure B. M.    | Member       |
| 6       | Shri Powar N. M.      | Member       |
| 7       | Shri Patil D. M.      | Member       |

  
**I/C PRINCIPAL**  
Vitthalrao Patil Mahavidyalaya, Kale  
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